



Partners for Health
FOUNDATION

ANNUAL GOLF TOURNAMENT Event Program

Supporting local organizations that address **HUNGER & HOMELESSNESS**



Honoring

John A. Fromhold

CEO, Hackensack Meridian Health Mountainside Medical Center

Tuesday, July 16, 2019

Montclair Golf Club

Hampshire

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Partners for Health Foundation



PARTNERS FOR HEALTH

Annual Golf Tournament

Tuesday, July 16, 2019 • Montclair Golf Club

WELCOME

It is our pleasure to welcome you to the Partners for Health Annual Golf Tournament, and to join us in honoring John Fromhold, CEO of Hackensack Meridian Health Mountainside Medical Center. Proceeds from today's outing will support program interventions and advocacy on behalf of those who struggle to put food on the table, those who are one step away from financial misfortune that could leave them homeless, and those who lack permanent housing.

Partners for Health also focuses on the issues of aging, mental health, oral health, community safety, and making healthy choices easier through policy, systems and environmental changes.

THANK YOU for helping us Drive Out Hunger and Homelessness with your generous support of this event!

Christopher D. Petermann
Board Chair

John F. Kelly
Golf Committee Chair

SHOTGUN SHAMBLE RULES

- All members of the foursome tee off.
- The best ball of the four tee shots is selected.
- All players move their balls to the spot of the best ball.
- From this point, the hole is played out at stroke play, with all members of the foursome playing their own ball into the hole.



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John A. Fromhold

**FOR HIS ABILITY TO RECOGNIZE
THE NEEDS OF THE COMMUNITY**

AND MAKE A DIFFERENCE

AND

Partners for Health Foundation

**FOR CONTINUING SUPPORT
OF THE VULNERABLE POPULATION**

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2019 GOLF TOURNAMENT HONOREE



JOHN A. FROMHOLD
CHIEF EXECUTIVE OFFICER

HACKENSACK MERIDIAN HEALTH
MOUNTAINSIDE MEDICAL CENTER

Partners for Health Foundation is proud to recognize John A. Fromhold at our annual golf outing. Hackensack Meridian Health Mountainside Medical Center – our PREMIER sponsor – has helped us to make a difference for countless local families.

In 2007, John was instrumental in identifying the hospital as an acquisition candidate for Merit Health Systems, a private company based in Louisville, KY, where he was a partner and Senior Vice President. He subsequently relocated to New Jersey to assume the role of CEO and personally oversee the hospital's transformation. Under his leadership, the hospital has undergone a successful and dramatic revitalization.

In 2012, recognizing that network affiliations were becoming increasingly essential to maintaining clinical excellence and financial viability, John was instrumental in negotiating the sale of Mountainside to a not-for-profit/for-profit joint venture network between Hackensack University Medical Center and LHP Hospital Group, now Hackensack Meridian Health and Ardent Health Services.

Prior to joining Merit, John was a Group Vice President for Community Health Systems with direct responsibility for 13 hospitals in five states. He also held senior management positions with Humana and HCA. He is a Fellow of the American College of Healthcare Executives.

John and his wife Cheryl live in Verona, and have four sons and two granddaughters.



A TRIBUTE TO JOHN FROMHOLD

Good evening. I am not able to be with you tonight. However, I express a special “thank you” to the Partners for Health Foundation Board Members, Foundation Executive Director Pam Scott, and friends and patrons of Partners for Health Foundation for having this celebration. I commend the Foundation for selecting John Fromhold as this year’s honoree of their Annual Golf Tournament.

John and I have been given the opportunity to work with each other for 18 of the past 21 years. Considering that the average tenure for health care executives is 4-5 years, this is a remarkable accomplishment.

Throughout John’s career he challenged traditional beliefs and perceptions. John’s views have been visionary. Those characteristics were applied when he spearheaded the acquisition of Mountainside Hospital by Merit Health System; then operationalized when he became the Hospital’s CEO.

“Excellence”- a word that drives John’s temperament. He demands it within himself and expects it in others. He inspires people to perform their work at their highest quality and competency.

John is devoted to the local community and people. I can affirm that under John’s leadership, local health care services have expanded and each community’s health status has improved. He immerses himself into each situation and the work environment. He strives for positive relationships among diverse groups of people - politicians, business leaders, medical providers, employees, and neighbors. John is a true statesman.

Over the past 21 years my working relationship with John has morphed from boss to a close friendship. Thank you, John... and thanks to the Partners for Health Foundation in recognizing his achievements at Hackensack Meridian Health Mountainside Medical Center.

Submitted by

Barry Mousa

Vice President, Operations for Merit Health System
& Vice President, Chief Administrative Officer
for Mountainside Hospital
2008-2012

Congratulations & Thanks To
John Fromhold
for leading us down the road
toward healthier lives!

Best Wishes,
Andie & Co
Bertsche





Montclair State University

supports the vital work of

John A. Fromhold

and

Partners for Health Foundation

for their dedication to fighting

hunger and homelessness

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John A. Fromhold, CEO

Hackensack Meridian Health Mountainside Medical Center



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TOGETHER

Partners for Health is proud to work with local partners to address hunger and homelessness. Together, we're making the communities we serve healthier, better places to live. Since 2008, we've awarded grants totaling more than \$13.5 million.

Thank you for
supporting our efforts!



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**According to the
United Way of
Northern New Jersey
ALICE Report,
37% of New Jersey
households could
not afford housing,
child care,
food, health care
and transportation
in 2014.**

**In 2018, Montclair
Public Library, in
collaboration with
Toni's Kitchen,
served brown-bag
lunches to almost
3,000 children over
10 weeks, a 20%
increase from 2017.**

**1 in 8 children
struggles with
hunger in
New Jersey.**

**A lack of healthy food
can seriously
impact a child's
physical & mental health,
academic achievement and
economic prosperity.**

**The Salvation Army
in Montclair served
more than 23,000
meals at breakfast
and lunchtime during
the 2017-18 fiscal year.**

**Human Needs Food
Pantry distributes an
average of 2,537 bags
of food to 2,470
families each month.**

congratulations to
John A. Fromhold
CEO of Meridian Health
Mountainside Medical Center

**community
collaboration
innovation**



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Thank You

for being an excellent Leader
and Mentor

*Anne Fromhold
Cheryl and Stephan Sherry*



A tribute and recognition to
Merit Health Systems, LLC



whose acquisition of Mountainside Medical Center
was the first step in revitalizing the hospital's legacy of care.

**According to the
2018 Point in Time
Count, of the
1,654 homeless
households counted
in Essex County
in 2018,
299 (18%) were
families with at least
one child under
the age of 18.**

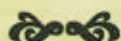
**Close to 1 in 3 college
students choose
between paying for
food or educational
expenses.**

**According to Feeding
America, 66% of
households have to
choose between food
or medical care.**

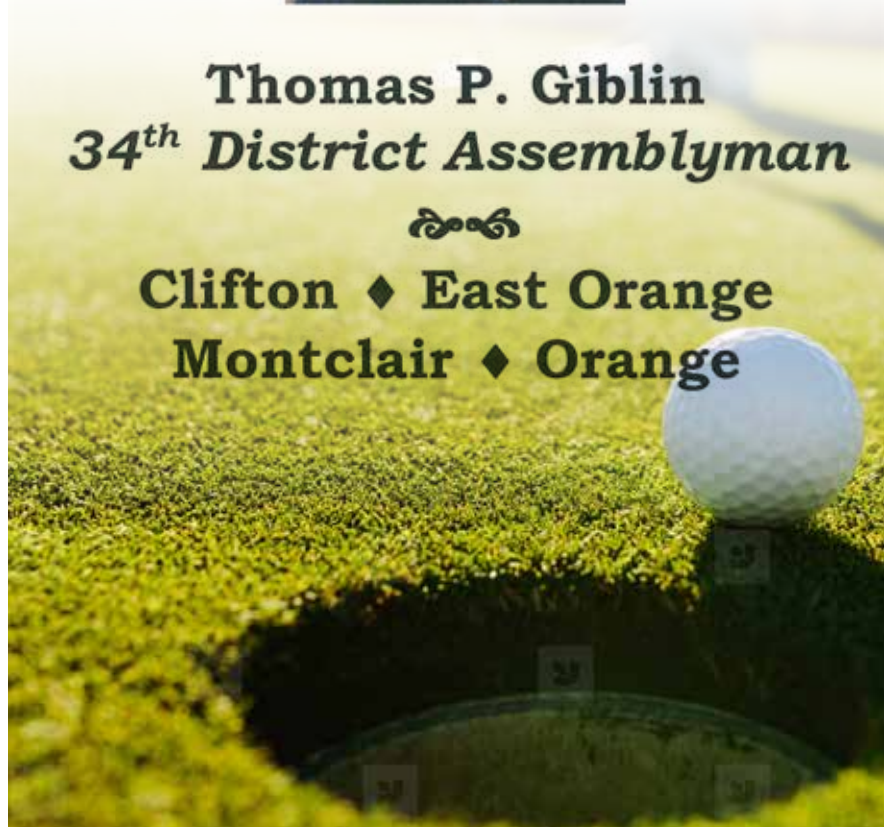
Best Wishes...



Thomas P. Giblin
34th District Assemblyman



Clifton ♦ East Orange
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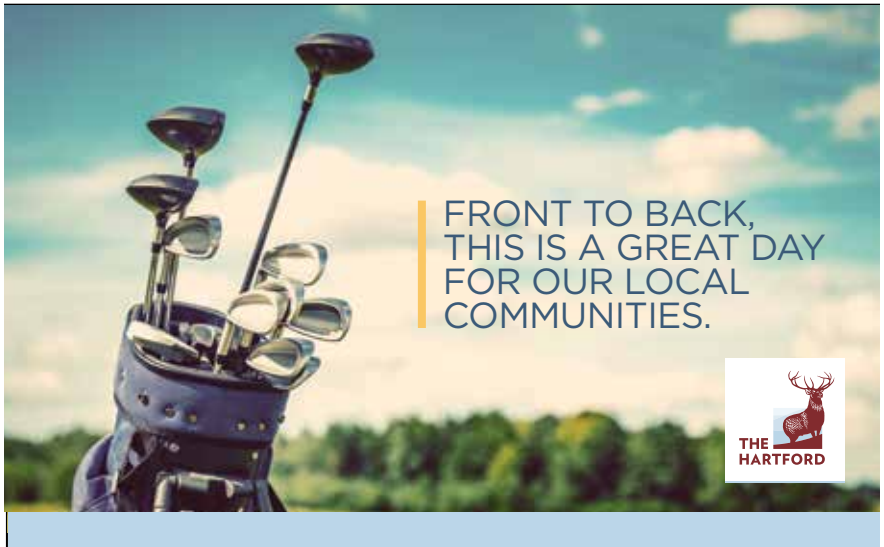


**Toni's Kitchen served
180,000 meals
in 2018,
including on-site and
outreach meals.**

**Nearly 1 million
people in NJ are
at risk of hunger;
close to 300,000
are children.**

**Only 1 in 6 children
and teens who receive
free or reduced-price
meals at school also
receive free meals
during the summer.**

**42.5% of households
in New Jersey
receiving SNAP
benefits have
children.**



Helping people achieve all that they can is at the heart of what we do at The Hartford every day. And we're proud to be a part of the Partners for Health Golf Tournament and stand behind our local communities.

TheHartford.com/business

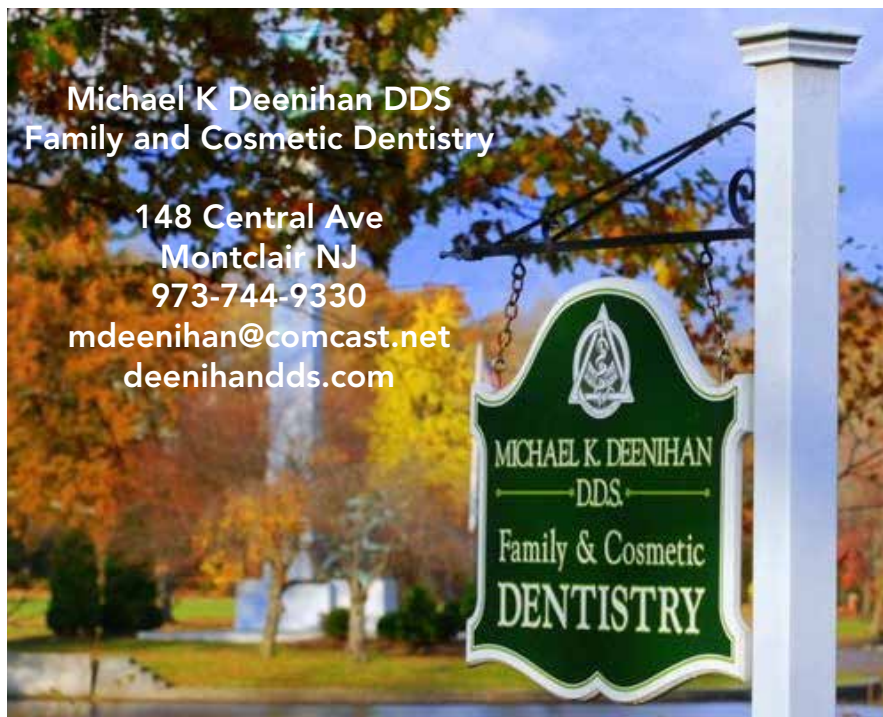
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**Six out of 10
Montclair schools are
classified as
Title I, which
means a minimum
of 1 out of 5
children in these
schools qualifies
for free and
reduced lunch.**

**For the 2017-2018
school year,
782 students,
13.5% of the
Montclair district,
qualified for free or
reduced lunch.**

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When enjoying the great outdoors, Montclair Ambulance Unit reminds you to stay safe with these tips to avoid common warm-weather related emergencies.

ALLERGENS

Avoid being outdoors on windy days.

After returning from outside, take a shower.

Track allergens daily!

BURNS

Use caution when dealing with open flames.

Reapply sunscreen of 30+ SPF every 2 hours.

Wear a hat and sunglasses.

DEHYDRATION

Get an easy-to-carry bottle for on-the-go.

Avoid caffeinated and alcoholic drinks!

Hydrate frequently.

 [Montclair Ambulance Unit](#)

 [MontclairEMS](#)

[MVAU.org](#)

[973.783.7624](#)

In Appreciation of
John Fromhold
for his dedication
in creating
healthier communities.

Compliments of
Gary Rombough, MD
and
Associated Physicians
of Montclair



A Lot to Grow
**community
gardens have
produced more
than 27,000 pounds
of fresh vegetables
and herbs for local
food pantries and
soup kitchens
since 2010.**

Partners for Health Foundation addresses local hunger and homelessness through grants that include:

- Matching dollars at local Farmers' Markets and traveling veggie mobiles for seniors, SNAP and WIC recipients, implemented in partnership with City Green.
- Free tax preparation services provided by New Jersey Citizen Action which has resulted in refunds of more than \$1.9 million since 2016, including \$561,627 in Earned Income Tax Credits.
- Financial literacy workshops on budgeting, credit repair, savings, foreclosure prevention and home ownership.
- Support to implement "Breakfast After the Bell" programs for students who qualify for a free breakfast, but aren't able to get to school early to receive the meal.
- Fresh produce grants to soup kitchens and food pantries, because inadequate intake of costly fruits and vegetables is prevalent among low-income individuals, who also experience higher rates of chronic health issues such as heart disease, high blood pressure and obesity.





John Fromhold
from The Parkinson's
support group
of North Jersey



Want to make an impact?

Organize a
Healthy Food Drive
to benefit a local food pantry
or soup kitchen!



partnersfdn.org/hungertoolkit

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in honoring John
A. Fromhold, CEO,
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Health Mountainside
Medical Center, as this
year's honoree.

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**The William Gross
Charitable Foundation
Frank L. Fekete, President**

**Is proud to honor
John A. Fromhold**

**His support and leadership
as CEO of Hackensack
Meridian Health
Mountainside Medical
Center**





The Whitehill Foundation

Honors

John A. Fromhold

and

Partners for Health

For recognizing the need
for Healthy Choices
in the Community

THANK
you!

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Building a Healthier Community: *Together*

Hackensack Meridian *Health* Mountainside Medical Center is proud to support the Partners For Health Foundation's Annual Golf Outing. Like Partners for Health Foundation, Mountainside Medical Center's tradition of community service continues to grow, providing new opportunities to promote good health for those in the our community.



Since 1891, Mountainside Medical Center has been there, serving our citizens, protecting our community, and keeping great care close to home.

**Congratulations, John A. Fromhold, CEO,
Mountainside Medical Center and honoree of
this year's Annual Golf Tournament.**



Hackensack
Meridian *Health*
Mountainside Medical Center

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